



The Wallingford Community Day Care Center, Inc.

Discipline Discussion with Parents/Guardians Intake Interview

Redirection is used most often as a method for discipline. Our staff try to redirect to the positive, not away from the negative. Time outs are not used in our program, although there may be an occasional, particular need to allow the child time away from others to calm down or regroup. We all have been trained to use positive guidance and to help the child learn conflict resolution skills. We use similar techniques to those listed below. Corporal, frightening, humiliating, neglectful, or abusive punishment is strictly prohibited.

Behavior Management

Ground Rules

1. Be consistent
2. Decide what is important and what is not important for the child to do.
3. Be clear.
4. Be firm but supportive.
5. Set limits and follow through.
6. Make the consequence a direct, immediate response to the child's behavior.
7. Encourage positive behaviors.
8. Give the child choices whenever possible.

Examples of Positive Guidance

Do Say

Please sit on your bottom when you slide.
Please dig in the sand.
Use both hands when you climb.
Keep the puzzle at the table.
Use the books for reading.
Use your inside voices.
Sit on your bottom.
It is time to go inside.
Please drink your milk.
It's time to clean up now, please hand me the big block.

Don't Say

Don't stand when you slide.
Don't throw sand.
You'll fall if you don't watch.
Don't dump the puzzle pieces on the table.
Don't tear the books.
No shouting.
Don't tip your chair back.
Do you want to go inside?
Don't you want your milk?
Do you want to help me clean up?